



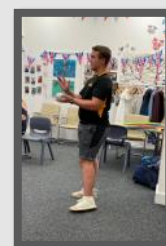
An extra treat for those who enjoy a sing-song!



One of our most popular tutors, Ian will not only be appearing twice at Hexham in September, but he will also be starring at Wylam on Tuesday the 19th...drop us an email to reserve your spot!

Sport with a smile (and a giggle and a laugh!)

Our sport sessions are always competitive, great fun and both physically and mentally good for us, and this is thanks to our lovely tutors from Smile Through Sport (featuring Jamie in the picture who is off to Uni now - good luck!). Offering a range of activities, including botcha, tennis, basketball and golf, we try to book them twice a month, and are looking forward to the return of Kara after her summer break.

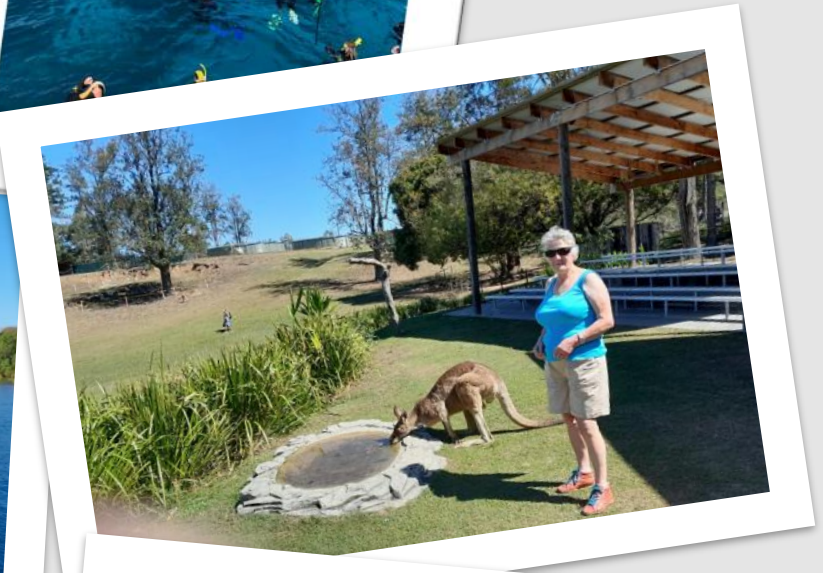


News from Rosie!

Rosie is off on her travels to Oz, so we don't have her usual "News from the board." Instead, just to make us all really jealous, here are some photos...



Rosie: Chrysalis' Chair



Fundraising

ICONIC BIKES SET TO ROAR INTO TOWN

Fans of the legendary Harley-Davidson brand are being offered the chance to get up close to the motorbikes, at a special event at Chrysalis on the 23rd of September.



A group of Harley riders went on tour last year, raising £10,000 for us. Now, they're giving local residents the chance to take a closer look at the iconic motorbikes, as well as pose for photographs and chat about just what makes these machines so special.

This is the 120th anniversary year for the manufacturer, which inspires a loyal following around the world. This is your chance to come along and find out why.

The bikes will be touring around the local area, before roaring along the Corbridge Road to Chrysalis HQ, where they'll be available to view between 10:30 and midday.

Refreshments will be available onsite, and the charity's patron, author Mari Hannah will also be in attendance.



Rosie said "The riders did a brilliant job fund-raising for us last year. This is our chance to say thank you to them, whilst also giving the local community a great opportunity to come along and admire the bikes."

News

Sad News

This month we sadly lost Jeanette Roper. She was one of the first members to join the Prudhoe area group which we have been running at Wylam for over 2 years now. Jeanette was a wonderfully cheerful lady who brightened our sessions with her dancing and lovely stories.

We also sadly lost John Suddes. John was a great character at our Wednesday sessions, especially with the children during the intergenerational project, full of banter and fun.

We will miss them both.



TYNEDALE GIFT FAIR 2023


Tynedale Farmer Function Suite
Hexham Mart, Tyne Green, Hexham NE46 3SG

MONDAY 30th October 3pm—8pm
TUESDAY 31st October 9.30am—3pm

A fantastic range of unique high quality stalls for all your early Christmas Shopping
Café open for lunch and afternoon tea—no booking required
Free Parking Admission £3—cash please All on one level so easy access for everyone

Supporting Chrysalis at Tynedale - Come along and "Shop to Give"

Tynedale Gift Fair is a member of The Charity Fairs Association and have raised over £53,000 for local charities
www.tynedalegiftfair.co.uk email:tynedalegiftfair@hotmail.co.uk Follow us on facebook



Let's sing!

Have fun singing favourites from the 20th century: pop, local choruses & material from the musicals. Learn some new songs too!

Tuesday mornings at West End Methodist Church, Hexham.

Sept 5th, 12th, 19th.
Oct 3rd, 10th, 17th
Nov 7th, 14th, 21st, 28th
Dec 5th, 12th 2023.

10.15 a.m.

Tel: 01434 607490
email: musicalmemories17@gmail.com

£5 Ample free parking

Comments about Chrysalis

"Thank you very much, to you and everyone else involved in making it an informative occasion but also so enjoyable and relaxing."

"It's certainly the best, happiest AGM I've ever been to."

"Thank you, you have a lovely group going."

"I just want to send a huge thank you to the trustees, staff and volunteers, too many names to mention. Chrysalis is a wonderful organisation - I have to say that my eyes were opened in many ways and you all helped both of us in many ways too."

Trips

Hexham Tour

In August, we had a fascinating walk around Hexham as part of Hexham Heritage Tours. We heard all about the history of the building that is now Queens Hall, about how the Sele Park was gifted to the town, about the Abbey and lots more. It was very well organised, with no steps, so accessible to all. Our guide, Ian Davey, was very knowledgeable about the area, and happy to answer all of our questions. We ended the tour at The Small World Cafe, where we had a cuppa and a snack and a chance for a chat. Thankfully the weather forecast was wrong, and we had a lovely fine day!



Janet: Trips and Prudhoe coordinator

The Forum Cinema

This month's film (29th September) is called "The Old Oak". It is set locally in County Durham, and is directed by Ken Loach, so should be an interesting watch. As usual, I will be there at 1pm, so feel free to come then and join me for a cuppa before the show. Tickets are £7 and carers go free. Let me know if you'd like to come so I know who to expect.

"The Old Oak is a special place to the working class community of County Durham, a once thriving mining town that after 30 years of decline has fallen on hard times. As the last pub standing and the only remaining public space for the community to meet, landlord TJ Ballantyne (Dave Turner), is hanging on to the pub by his fingertips.

Tensions quickly rise when the pub becomes contested territory after the sudden arrival of Syrian refugees. An unlikely friendship begins between TJ and curious young Syrian Yara. Together they look for a way to bring the two communities together.

So unfolds a deeply moving drama about their fragilities and hopes. Another unmissable social realist parable from director Ken Loach."





Chrysalis Club
Tynedale

Harley-Davidsons at Chrysalis!



Saturday 23rd September
10:30 - 12:00

Come and see the bikes, meet the
riders and take a photo or two

with tea and cake, and our patron Mari Hannah - all
proceeds go to our charity, supporting families living
with dementia in the Tyne Valley

www.chrysalisclub.org.uk
info@chrysalisclub.org.uk
07760 124 539

Unit 1 Dene Park
Corbridge Road
Hexham
NE46 1HN

Carers and After-carers

Carer Support Group

We had a good catch-up on Wednesday 6th Sept, welcoming back a few familiar faces and a few newer ones. It was great to see one of our carers from the 'Prudhoe' group; just a reminder to the other Prudhoe Group carers that you are most welcome to come along to the group for some mutual support and information sharing (1st Wednesday afternoon of the month, 1:45-3:15). You carers do such an amazing job and we understand it can often be difficult to find time or energy to look after your own health and wellbeing but this is so important! In November we are hoping to run a professionally-led 'Wellbeing' Session for Carers, details to follow so WATCH THIS SPACE!



Mel: Carer support admin and premises officer

After-carers' Social and Support Group

Keeping on the subject of 'Wellbeing', in July, a small group of After-Carers met at Tyne Riverside Country Park in Prudhoe where we had lunch, with very good company and chat, and then were treated to



an informative 'nature' walk over The Spetchells by one of our group! Our after-carers' social and support group is small and friendly, and for carers who are bereaved or whose loved ones are in residential care - sociable and supportive.



More Trips

We're going to the Panto - Oh yes we are!

We're off to see Peter Pan at the Tyne Theatre in Newcastle on Friday 8th December. Our tickets are booked, but there are lots of available seats next to them, so please let me know if you would like to come and I can order more.



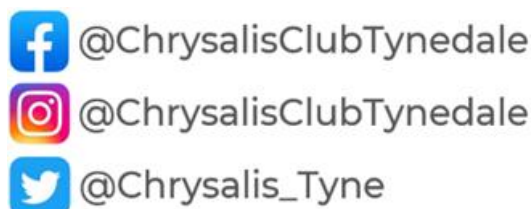
Janet: Trips and Prudhoe coordinator

The coach will leave Hexham at around 11am, pick up in Prudhoe and then on to Newcastle. We will stop off for a meal on the way home, then hopefully be back in Prudhoe and Hexham for around 5.30.

Please get in touch if you would like any further information or if you would like to book a place.



Social Media



More news!

Monday afternoons

We are now fully booked on Monday afternoons. We are mindful of not getting too big, disruptive and noisy for people with dementia and have to ensure that we have enough resources and volunteers available; therefore we are starting to limit numbers for sessions in the following way: regulars who come every week will automatically have a place booked, and people who come occasionally will be accepted on an availability basis. If you would like a place then please get in touch and we can add you to our waiting list.



Dates for your diary

Saturday 23rd September - Harley-Davidsons' Coffee Morning
Friday 29th September at 1.30 - The Old Oak at the Forum Cinema
Saturday 7th October - Bucket collection at Tesco
Tuesday 10th October - Queen's Hall visit (rescheduled)
Monday 30th October - Tynedale Gift Fair
Friday 10th November - Trip to Hexham Races!
Friday 8th December - Peter Pan at The Tyne Theatre in Newcastle

The Core Music House Band Presents...RESCHEDULED!

This event was due to take place on Tuesday 12th September. Unfortunately it has been postponed by the Queens Hall, but rescheduled for Tuesday 10th October mid afternoon.

It promises to be a great musical session - tailored to exactly the kind of music our members want to hear - so get your thinking caps on and let Janet know your requests! It will be followed by tea and cake in our usual Chrysalis tradition! There is no charge for this event. Get in touch with Janet for more information , and to register your interest!

Fundraising



Chrysalis Club
Tynedale

Looking for a space to rent in Hexham?

Chrysalis Club rents rooms for your meetings, events and activities in our light and airy building, conveniently situated close to the centre of Hexham on Corbridge Road. Please get in touch for our current availability.

**Prices from £12 per hour + a
seasonal utility charge**

For bookings and further details please contact us on
07760 124539 / 01434 408080
info@chrysalisclub.org.uk
FB/Instagram: @chrysalisclubtynedale



PayPal
Giving Fund

Got a PayPal account?



Chrysalis Club
Tynedale

We would be extremely grateful if you would like make a donation to support our work here at Chrysalis. If you have a PayPal account then please follow the QR Code below to our PayPal Giving Site.



There is also the option on our PayPal Giving Site to support Chrysalis Club Tynedale when you shop online with PayPal. Set us as your favourite charity, and you can choose to donate £1 when you checkout with PayPal.

And finally - not just an ordinary AGM...

Our AGM was a hoot, as usual! There was singing, dancing, lots of cake and lots of chat. And the Uketeers were fab as usual. Obviously, we covered a bit of business too! If anyone would like an electronic copy of the Annual Report, drop us an email.

