

Christmas is on its way!

Par rum pum pum pum... Last month we were treated to a visit from Simon Wood and his drums, an excursion on the train to Haltwhistle, a trip to the Tynedale Gift Fair, exercise to music with Anne, a Crafty Christmas with Caitlin, and all of our regular fabulous activities including Singing with Ian, Crafts with Carolyn, Pottery with Mel and Sport with Smile - read on for details...



Drumming

At the beginning of November, Simon Wood brought his 20 drums to our session, along with his hand pan and boom-whackers! As always with Simon, we had an amazing time, and made some noise!



News from the board

Hello Everyone!

Winter is looming; it seems cold today, although the temperature is probably not very low it is damp, and foggy in places, which makes it feel much colder – brrr! However, it will soon be the shortest day and by January the light will lengthen and it will seem that spring is on the way. I will be pleased when the nights get lighter so I don't have to fly off home to get the horses in before dark.

My young racehorse (who I have had since a foal) ran a good race at Carlisle; she was a little bit green but finished 4th so we were really pleased. We are hoping to have some more runners in December.

Next week the electrician is coming to improve the lighting and put a few more sockets in. Unfortunately, the gas man has hurt his back and won't be able to come until after the new year. This is disappointing but can't be helped. We are hoping to get the new storage units and the door heater fitted soon.

It was great for Chrysalis to be the chosen charity for the Tynedale Gift Fair and we are very grateful for the publicity and the donation. I had a look round on the Tuesday and there were some lovely stalls with quality gifts. I was a little taken aback when I was asked to judge the best dressed stall; as a person who hardly sees the shops, I felt very under-qualified and very under pressure!! However, the stall I chose had won the award last year so I felt quite relieved!!

I am getting organized for my knee operation next week; I have to sort out care for the horses because I will be slightly disabled for a few weeks. Sadly I will miss the Christmas party but hope you all have a great time; hopefully I will see you all before Christmas. I have lots of jobs lined up for when I am incapacitated: funding bids, thank you Christmas cards to our funders, my tax return, plus many more jobs! I probably won't manage to complete them all but I can't bear having nothing to keep me busy.

I hope you all stay safe during the winter weather and I look forward to seeing you all as soon as possible after my operation

Rosie x

News

Carer Support Group

In December, the Carer Support Group will be held on **Wednesday 14th December 1.45 - 3.15** (due to our Christmas party) rather than the first Wednesday of the month. All Chrysalis carers are welcome for support and information sharing (and of course tea and cake!). For further information please contact Mel.

After-Carers Group

This month 8 of us enjoyed a good catch-up (and it was lovely to welcome 2 more 'newbies' to the group!) at Small World Cafe in Hexham for a delightful lunch; there were many comments on the generously sized bowls of soup!

Some of us then carried on for a walk around The Sele; we have been surprisingly lucky with sunny weather for our recent catch-ups.

The December meet up will be a **'Bring & Share' lunch on Friday 16th December 12.30 - 2.30** (please note change of time from the timetable). Please let Mel know if you would like to attend. Mel x



Dates for your diary

Friday 2nd - Tuesday 6th December - Corbridge Christmas Tree Festival

Wednesday 7th December - Christmas Party

Friday 9th December - Roald Dahl's Matilda at The Forum Cinema

Wednesday 14th December - Carer Support Group

Thursday 15th December - Beauty and the Beast at The Tyne Theatre

Friday 16th December - After-Cares' Lunch

Friday 16th December - Volunteer's Party

Wednesday 28th December - Board Games with Rosie

Fundraising

Raise money for Chrysalis with no cost to you!

When you are next shopping on Amazon, go to <https://smile.amazon.co.uk> instead, or use the QR code on the right. Select Chrysalis at Tynedale as your charity, and they'll donate 0.5% of the purchase price to us, at no cost to you!

You can also do this if you have a prime account, so what have you got to lose?



PayPal
Giving Fund



Chrysalis Club
Tynedale

Got a PayPal account?

We would be extremely grateful if you would like make a donation to support our work here at Chrysalis. If you have a PayPal account then please follow the QR Code below to our PayPal Giving Site.



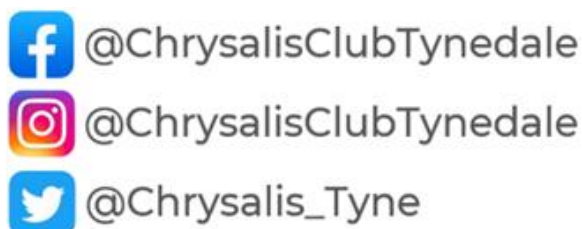
There is also the option on our PayPal Giving Site to support Chrysalis Club Tynedale when you shop online with PayPal. Set us as your favourite charity, and you can choose to donate £1 when you checkout with PayPal.

Activities

Crafts and singing, and in some cases, both at the same time!



Social Media



Website



Events

Tynedale Gift Fair

We were honoured to be chosen by the Tynedale Gift Fair as their charity of the year which meant that we were given a free stand at the two day fair at Hexham Mart and will receive a donation which is so much appreciated.



We also raised over £140 from the sales of some beautiful festive gifts and decorations which were very kindly donated to us, and we



hopefully spread the word about Chrysalis to the gift fair visitors too. We met at the Mart on the Monday afternoon and the gift fair committee treated us to a private viewing of the fair before it opened to the general public.

We were asked to present the award for the best dressed stall for which we selected "Created for Occasions", and Rosie did the honours.



ours.



We had time to browse the stalls, buy some Christmas presents and enjoy a cuppa in the Mart cafe and everyone reported that they'd really enjoyed the trip.

It certainly got us into the Christmas spirit!

Comments about Chrysalis:

"Another brilliant day, thanks so much Chrysalis"

"Thank you again for all your help and support. What would we do without Chrysalis "

"Thank you for all the good times we had on Wednesday afternoons."

"Your service is second to none"

If you have any feedback for us, please let us know!

Trips

Historic Haltwhistle Railway Station

Earlier this month we had a great trip up to Haltwhistle on the train to visit the historic rail station booking hall, built in 1855 which is now a visitor centre. Fiona, from



the Tyne Valley Community Rail Partnership, met us off the train and looked after us for the afternoon. She showed us a short film about children evacuated to Haltwhistle from Newcastle; it was very



interesting, and you can find it online if you would like to see it : <https://tvcrp.org.uk/news/515-it-started-with-a-train-ride>.



We looked at pictures of railways through the years, we talked about our

memories of train travel and of course had tea, coffee and cake before getting

back on the train to go back to Hexham and Prudhoe.. what a lovely way to spend the afternoon!



Sessions

Pottery and exercise...



New Thursday Session!

You may have seen from the last newsletter that we're excited to be starting a new session on Thursday afternoons and the first session will be on Thursday 1 December. The sessions will include some of the activities we already enjoy such as pottery, but also some different ones like dance, ukelele lessons and lots more! As with all our sessions these will still be suitable for everyone, and members can participate as much as they like or just enjoy the time together with friends. They will follow our usual format of around an hour of a shared activity followed by a cuppa, cake and a catch up, a game of dominoes or pool, some art/colouring or whatever takes your fancy! We'll be seeing some of the tutors we know well, like Mel for pottery and Ian for ukelele, and also meeting some new faces.

The first session will be pottery with Mel and she'll be showing us how to make tealight holders so it's a chance to get creative! We'd love to see you there, so if you think this might be for you then please do contact us to book your place.

What's on



St. Andrew's Church, Corbridge.

Tree Festival Information Booklet 2022

The festival will take place between Friday 2nd and Tuesday 6th December (inclusive).

Opening Times

Friday	2 nd December	9.30am to 7.00pm
Saturday	3 rd December	9.30am to 7.00pm
Sunday	4 th December	11.30am to 5.00pm
Monday	5 th December	9.30am to 8.00pm
Tuesday	6 th December	9.30am to 5.00pm

Refreshments will be served between 10.00am and 4.00pm.

Harlings Garden Centre
Bridge End, Hexham

Sneaky peek!



Corbridge Christmas Tree Festival

This year, Harling's Garden Centre of Bridge End, Hexham has very generously donated a real Christmas tree for us to take to the Corbridge Christmas Tree Festival and we will be dressing it with some beautiful pottery decorations and crafts made by our members, including pottery, pom-pom and pine-cone angels. It's a wonderful chance to showcase our members' creative skills and we hope that the tree will be enjoyed by the many visitors to the Festival. Once the Festival ends, we'll be rushing to bring our tree back to Chrysalis so it can be admired by everyone at our Christmas party on Wednesday 7 December!

Bridge

Ever been invited to play bridge but didn't know how? Well here's a chance to learn!

Senga, one of our volunteers, is running bridge lessons starting in January, and the first 5 are free - see her advert, or ask Senga for more information!

"I'm really enjoying learning bridge"

@ Hexham Bridge Club



JOIN OUR NEW BEGINNERS COURSE

Starts January offering....

FIRST 5 LESSONS FREE

FREE ONLINE PLAY

For more details visit:

www.bridgewebs.com/hexham

or Call: 01434 604572



Special Session!

Caitlin's Christmas Crafts

Caitlin, one of our student volunteers from Northumbria University, ran a lovely session making Christmas Trees from old books. It was calm and chatty, and the results were great! Thanks Caitlin.



Chrysalis Club
Tynedale

Looking for a space to rent in Hexham?

Chrysalis Club rents rooms for your meetings, events and activities in our light and airy building, conveniently situated close to the centre of Hexham on Corbridge Road. Please get in touch for our current availability.

Prices from £12 per hour + a seasonal utility charge

For bookings and further details please contact us on
07760 124539 / 01434 408080
info@chrysalisclub.org.uk
FB/Instagram: @chrysalisclubtynedale



And Finally...

Thank you!

And to finish, just a little thank you to our fabulous volunteers who regularly bake for us -

for those of you that receive this newsletter but don't attend our sessions, here's a taste of what you are missing!



And here're some pictures of us enjoying it!

