



It's summer time!



Carolyn often themes our crafts, and this one was a masterclass in drawing sunflowers...there are more photos inside, so dig in!

Charlotte Straker Craft Fete

Last month, three of our lovely volunteers, Bob, Carolyn and Senga, manned a craft and plant stall at the Charlotte Straker Fete. They made more than £200!

But more importantly, they were spreading the word about Chrysalis, what we do, and how we help both people living with dementia, and their families.

A huge THANK YOU to you guys!



News from the board

Hello,

June was a sad month for Chrysalis. Losing Tom has been devastating. He was such an asset to us, he was lovely with the members, his humour and his not taking himself seriously endeared him to them. He was a fine, generous and honourable man who will live on in our hearts.

Another piece of news which is not so good for Chrysalis is that Helen, our lovely secretary and board member, has decided she must resign for personal reasons. We will miss her legal expertise, her passion for Chrysalis and her ability to arrange good parties! If anyone knows of a retired solicitor who may be willing to help us please let us know.

Now onto some better news: the new marketing job is now advertised in the Courant; fingers crossed we get some good candidates to interview. Please feel free to spread the word.

We are also looking for someone to organise the trips; we have received some new money from the Ballinger fund and we also have lots of fundraising money to spend. Haven't they done well? I attended the event of the Geordie Chapter returning from Wales. All those Harleys sounded wonderful and the lads were beaming: I enjoyed a celebratory barbeque with them and their families and praised them enthusiastically. Another couple of fundraising events planned for us are a family member walking The Chiltern Way soon, and The Tynedale Gift Fair in November. We are very lucky that people think of Chrysalis and are so kind.

June saw the start of the Intergenerational Project (IGP) and it has been lovely. The children are a delight and they have made some amazing colourful butterflies to 'jolly up' the outside of our premises. Tomorrow is the last day of this project but we have a day in August planned to invite them back (with the members and their families who have taken part in the project) so they can show their parents and friends what they have achieved. We will have the butterflies secured to the wall by then and Mari Hannah is coming to unveil a plaque to commemorate the project. Tomorrow, the funders of the project, the If Only Fund, as well as the Courant, are also attending. All good publicity for Chrysalis!

Enjoy the sunny weather! Rosie x

Activities

It's not just about fun at Chrysalis - there is a lot of concentration and effort involved...

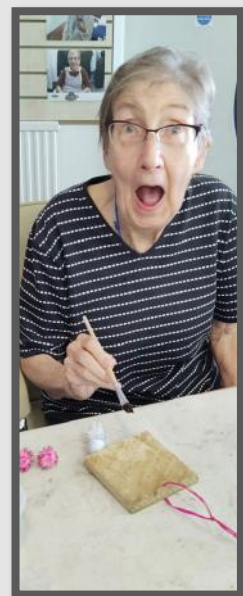


And we keep our bodies active as well as our minds...



Activities

We love to have fun too...



News

New Role: Co-ordinator/Marketing Officer 25 hours per week @ £13.75ph

Chrysalis Club Tynedale has been supporting people with dementia and their families for thirteen years. We are looking to recruit a new part-time Co-ordinator/Marketing Officer to enhance our current projects in the Tyne Valley.

Please contact info@chrysalisclub.org.uk for a detailed job description. Appli-

cation close Thursday

28th July 2022. Interviews

will be held week beginning

Monday 1st August 2022.

Supported by



Social Enterprise
Support Fund

New Role: Trips Co-ordinator 20 hours per month @ £12ph

Chrysalis Club Tynedale has been supporting people with dementia and their families for thirteen years. We are looking to recruit a new part-time Trips Co-ordinator to increase our trips and outings provision to our members.

Please contact info@chrysalisclub.org.uk for further information.

Comments about Chrysalis:

"These days at the club seem amazing, so pleased she has the opportunity to attend"

"She...really enjoys the sessions and I take her for coffee every fortnight to hear all about it."

"He really enjoys it and has become very fond of the lady he is paired with. It is a wonderful scheme (the IGP) and long may it continue."

"Super day today"

"Everyone enjoyed it"

"We had a great time today. Lots of laughs"

If you have any feedback for us, please let us know!

Fundraising

Raise money for Chrysalis with no cost to you!

When you are next shopping on Amazon, go to <https://smile.amazon.co.uk> instead, or use the QR code on the right. Select Chrysalis at Tynedale as your charity, and they'll donate 0.5% of the purchase price to us, at no cost to you!

You can also do this if you have a prime account, so what have you got to lose?



PayPal
Giving Fund



Chrysalis Club
Tynedale

Got a PayPal account?

We would be extremely grateful if you would like make a donation to support our work here at Chrysalis. If you have a PayPal account then please follow the QR Code below to our PayPal Giving Site.



There is also the option on our PayPal Giving Site to support Chrysalis Club Tynedale when you shop online with PayPal. Set us as your favourite charity, and you can choose to donate £1 when you checkout with PayPal.

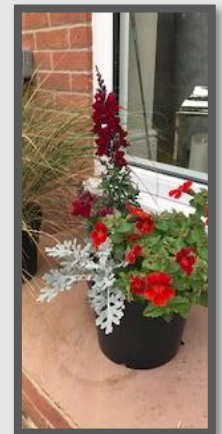
Carer Support Update

Our next After-Carer's Social and Support meet-up is at Errington Coffee House (formerly Errington Arms), Stagshaw Bank, Corbridge on Friday 22nd July 12.30. If you've got a loved one in residential care or have been bereaved and would appreciate a bit of mutual support in this small, welcoming group then please join us for lunch, (or coffee + cake!) and a catch-up. To book onto the above or for more info on Carer Support at Chrysalis please phone me on 07760 124539. Look forward to seeing you! Mel.



Tom's plants

Just look at these cracking sweet peas and pots that you have grown from Tom's gardening sessions. He was very proud!



The Unsung Heroes Event at The Queen's Hall

In 2020, North East musician Bridie Jackson worked with local communities to collect stories about the everyday people who inspire, and later wrote songs celebrating the nominated heroes. An amazing line-up of local musicians then recorded their own bespoke arrangement of one of these songs, including Kate Gessey, Carol and Gary Bowden, Aukestra with Lesley Roley, Leon Fussell and **Ian Brown**, our singing tutor.

One of these unsung heroes is our very own **Rosie!**

On 21st July, from 7:30, the musicians, including Ian, will be performing their versions at The Queen's Hall, so if you would like to go along to the event, **which is free**, you can find further information and also a tab to the ticketing link here:



<https://www.queenshall.co.uk/events/unsung-heroes-0>

The Forum Cinema - dementia friendly showings

On Friday July 8th we visited the Forum Cinema in Hexham to watch a selection of short archive films from the North East and Yorkshire Film Archive, documenting The Queen's visits to the region over the years, put together to celebrate the Queen's Platinum Jubilee. It was a trip back in time, and thoroughly enjoyable.

Look out for our next trip, in Au-

gust, which is rumored to be The Railway Children Return starring Jenny



Agutter (reprising her iconic role in the original film) and Sheridan Smith, a heartwarming adventure for a new generation, and a trip back reminiscing for us oldies!

"A great way to spend an hour or two"

Dates for your diary

Thursday 21st July - Walk on Tyne Green

Friday 22nd July - After-carers at Errington Coffee House

Monday 25th July - Alpaca Encounters

Thursday 28th July - Applications close for marketing job

August - Forum trip The Railway Children Return (TBC)



Chrysalis Club
Tynedale

Looking for a space to rent in Hexham?




Chrysalis Club rents rooms for your meetings, events and activities in our light and airy building, conveniently situated close to the centre of Hexham on Corbridge Road. Currently we have availability every evening, all day Sundays and some availability Tuesdays, Thursdays and Fridays.

Prices from £12 per hour

For bookings and further details please contact us on:
07760 124539 / 01434 408080
info@chrysalisclub.org.uk
@chrysalisclubtynedale



Social Media

 @ChrysalisClubTynedale
 @ChrysalisClubTynedale
 @Chrysalis_Tyne

Website

 <https://www.chrysalis-tynedale.org.uk/>

In memory of Tom - our wonderful gardening tutor

This month, we sadly lost Tom. Tom had been a mainstay of Chrysalis Club life for a very long time, and his generosity of spirit, humour and dedication to all of our staff, volunteers, members and carers is legendary. He will be dearly missed.



“...kind and generous Tom”

“...shocked and saddened by his death in the midst of life. Chrysalis will not be quite the same without his contribution.”

“...I still have the plants and tubs that I planted with Dad under Tom’s kind and patient tuition. Dad was never a gardener but strangely it’s one of my fondest memories from his later years - us doing something practical together that brought us both joy. Tom enabled me to have that memory.”

“... in the short time I knew him he was an inspiration.”



“...I just liked him. He had a great sense of humour.”

“...He was such a nice guy. I remember him being so kind and generous and making us laugh all the time. I used to enjoy his visits and still have lots of plants provided by him.”

“...he was so open and honest. It was an honour to know him.”



And finally...

Pen Portrait: Mike Pottage

'I first became aware of Chrysalis probably about 5 years ago. I came along to a number of sessions with my wife Anne-May, who at that time had moderate Alzheimers. Chrysalis were extremely helpful to me during the various lockdowns when contact with other people was very limited and just over two years ago, Anne-May had to go into residential care. The regular phone calls and zoom conferences helped me keep my sanity!



Just over a year ago I decided to become more involved with Chrysalis and was invited to become a trustee, I have done a number of things for Chrysalis - from putting a TV up on the wall, to raising money and increasing the publicity surrounding Chrysalis.

Having been down the road of having a wife with dementia I am well aware of the problems, issues and trip wires that one encounters on the way, so I help with the Carers Group along with the Younger Peoples Group's outings etc. The Carers group is particularly worthwhile, watching the tension leaving attendees as the afternoon progresses and managing to laugh in the process!



I am currently fighting a rearguard action with my weight due to the array of cake etc available at Chrysalis' sessions!

See you next month for more news, features and another Pen Portrait!