



# Newsletter

June 2022



Chrysalis Club  
Tynedale

It's Jubilee time!



## Lands End to John O'Groats

They did it! A huge THANK YOU to Mike Pottage, Steve Lathan and Michael Povey - you are awesome! Two weeks cycling 'LEJOG', and finishing in the rain, they still summoned the energy to raise their bikes at the end. They've been putting themselves through all this to raise funds for Chrysalis. Thanks so much to everyone for your generous donations...the current total is more than £7400, plus gift aid, so we may even break £10K in total!

If you'd like to show your support you can still make a donation <https://gofund.me/56314083> Thank you!



## News from the board

Hello!

Well Chrysalis has had a great month. We have heard back from two of the funds I applied for and we have been successful in both. Hurrah! So one lot of funding is for the improvements to the premises; we applied for electrics, heating and new windows. We didn't get the money for electrics and heating, but we got the money for the windows and external door. This will be a huge help in the battle to keep the centre warm, without spending too much on gas. They are due to be fitted near to the end of July. I have a cunning plan to apply for the rest of the money so we can complete the electrics and heating improvements in the autumn.

Other news about the premises is the decoration of the outside of the building. Alex the decorator has done a lovely job and what a difference it has made. It looks bright and fresh and the continuation of our branded yellow stripe pulls the building together and makes the extent of our unit more obvious. It will look even better when the intergenerational project produces the pottery pieces and the hanging baskets etc.

Talking of the IGP – we have made a start. Sheelagh and I attended Chollerton School today and we did our educational presentation to 8 lovely children. They will be coming to Chrysalis next Thursday (16<sup>th</sup>) and for four weeks after that. We have several members signed up but if anyone wants a last minute place please let us know. We would particularly welcome some extra volunteers if anyone has the time.

Going back to the funding, the second lot of money came from the lottery and is for a marketing project. It will pay for a member of staff who will try and encourage new members and make contacts within the professionals. We feel that, because we are not a business, the income from new members is not crucial, but there are a lot of families out there who haven't even heard of Chrysalis. Some could really benefit from coming along and having fun with us.

The board held a strategy day at the end of last month. It was a very productive day; we had an excellent external facilitator who makes it fun as well as making sure we work hard and stay focused. We started with a review of what we had achieved over the past 5 years, which, even being modest, is quite impressive! We then worked on a three-year plan. It was amazing how we all came up with similar ideas and had similar objectives. So we achieved our goal for the day and then celebrated with a meal out which was great fun and nice for us to spend some time together in a more relaxed atmosphere.

Then May saw the two fundraising events, Mike and his friends making a huge effort to complete their bike ride, and the family fun day held at the end of the month. We are so grateful to people for thinking of Chrysalis when organizing a fundraising event. Because we are a small charity the money goes directly to the people we care about most – our members and their families!

Enjoy June and the sunshine (hopefully!!). Rosie x



## Activities

We've had lots of activities going on this month, including arts and crafts with Carolyn, pottery with Mel, singing with Ian, sports with Smile (Stephen and Gareth) and gardening with Tom. We also spent time preparing hand-made bunting for our Jubilee party, and the results were beautiful...



## News

### Harley Davidson's ride for Chrysalis!

The Geordie Chapter #9721 will be setting off on a 4 day fund raising ride on the 30th June 2022 for Chrysalis, calling at various Harley Davidson dealerships along the way, to try and raise funds and awareness. Although the fundraising ride is over four days, the main part of the ride is nearly a 1000 mile trip around the Welsh border and coastline over a 2 day period. If you would like to donate then please use the link or QR code below

<https://www.gofundme.com/f/bond-of-brothers-the-forget-me-not-tour-2022>



### Carer Support Update from Mel

A small group of After-Carers met at Tyne Riverside Country Park at Prudhoe for our May social. We enjoyed a companionable walk for an hour or so, before returning to the Riverside Cafe and getting the chance to enjoy a delicious lunch and a chat. Our next meet-up is on Friday 24th June; please call me for details. There are lots of interesting things on at the moment such as the Hexham Book Festival and the 1900 Festival. If you see anything that might be good for the group to enjoy, or if you would just like a companion to join you please pass your ideas on to me. Thanks! Mel.

### Comments from our members:

"She really looks forward to coming to the club!"

"Chrysalis just got even better, what a great afternoon, the two lady singers were brilliant."

If you have any feedback for us, please let us know!



## Fundraising

### Raise money for Chrysalis with no cost to you!

When you are next shopping on Amazon, go to <https://smile.amazon.co.uk> instead, or use the QR code on the right. Select Chrysalis at Tynedale as your charity, and they'll donate 0.5% of the purchase price to us, at no cost to you!

You can also do this if you have a prime account, so what have you got to lose?



**PayPal**  
Giving Fund



Chrysalis Club  
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### Got a PayPal account?

We would be extremely grateful if you would like make a donation to support our work here at Chrysalis. If you have a PayPal account then please follow the QR Code below to our PayPal Giving Site.



There is also the option on our PayPal Giving Site to support Chrysalis Club Tynedale when you shop online with PayPal. Set us as your favourite charity, and you can choose to donate £1 when you checkout with PayPal.

## Plea for plants!


On 2nd July we are holding a plant stall at the Charlotte Straker Fair in Corbridge. If anyone has any spare plants which you could donate, drop us an email on [info@chrysalis.org.uk](mailto:info@chrysalis.org.uk) and we will arrange pick up.



## Saturday 25th June: A day of singing!

One of our trustees, Sheelagh, is involved in the Tynedale Community Choir, and thought, since we know we have some excellent singers out there, that you might be interested in joining the event below:

**Saturday 25th June** **Hexham Day of Song**



**want to sing? come and have a go**  
folk, blues, jazz, madrigals, songs from eastern europe, new england, and many more . . .

- workshops
- performances
- concert


- all inclusive ticket £30

**Details & Booking** Queen's Hall: [queenshall.co.uk/events/sing](http://queenshall.co.uk/events/sing)

For any further information please contact Tynedale Community Choir by email: [tccsingingfestival2022@gmail.com](mailto:tccsingingfestival2022@gmail.com)

Tynedale Community Choir meets every Monday during term time At Trinity Church Hall, Hexham 7.30 - 9.00 **All welcome**

SING! Kindly supported by:



**Hexham, alive with song!**  
Join singing, workshops, and vocal fun in Hexham as Tynedale Community Choir celebrates its 20th Birthday

**Your £30 ticket to song includes:**

10-11am Big Sing (doors open 9.15am)	all together with Ali Burns at Queen's Hall Theatre
11.15am-12.30pm & 2.30-3.45pm Singing workshops	your choice in venues around Hexham Town Centre (pre-booking essential)
12.30-2.15pm Lunch Break	Singing around Hexham Town Centre
4-5pm Workshop Showcase	Hexham Abbey
7-9pm Evening Concert in Queen's Hall Theatre	Tynedale Community Choir and guests from the day

**Workshop choices:**

David Burbidge	Slovenian Songs & Scottish folk songs
Ali Burns	Harmony Singing
Kathryn Davidson	Spell Songs
Simon Fidler	Composers of the North East - music from our region.
Sarah Gray	Northumberland Coast
Bridie Jackson	Sing the Blues
Jilly Jarman	Improvised Jazz
Sandra Kerr	Green Northumberland
Fiona Lander	Strictly Singers' Only!
David Oliver	Shape-Note Singing
Beccy Owen	Soul-soothing Singing
Sarah Robinson	Elizabethan Madrigals
Carolyn Robson	Folk including Northumbrian & Scottish songs

**All abilities welcome, no need to read music or know more - come along have a go!**

More about singing workshops and how to book them will come with your ticket purchase. Pre-booking of workshops is essential. Workshops are all in physically accessible venues.

## The Forum Cinema - dementia friendly showings

On Friday 20th May, we went to the cinema in Hexham to see The Beatles: Getback.

We met for a coffee and a chat first in their café.

In the cinema, the lights were dimmed (but not off), the volume was turned down a touch, and we were able to sit where we liked and move around during the show. They even held up the performance for 5

minutes while we took our seats! And it only cost £6 a couple - what a great way to spend a Friday afternoon. I will be encouraging you all to come to the next performance which is on Friday July 8th at 13:00, and will be a selection



of short archive films from the North East and Yorkshire Film Archive documenting The Queen's visits to the region over the years, put together to celebrate the Queen's Platinum Jubilee.

*"A great way to spend an hour or two"*

## Dates for your diary

Thursday 16th June Intergenerational Group 1st session

Friday 8th July 1:00 Cinema Trip

Thursday 21st July Walk on Tyne Green





Chrysalis Club  
Tynedale

## Looking for a space to rent in Hexham?

Chrysalis Club rents rooms for your meetings, events and activities in our light and airy building, conveniently situated close to the centre of Hexham on Corbridge Road. Currently we have availability every evening, all day Sundays and some availability Tuesdays, Thursdays and Fridays.

**Prices from £12 per hour**

For bookings and further details please contact us on:

07760 124539 / 01434 408080

info@chrysalisclub.org.uk

@chrysalisclubtynedale

### Social Media

 @ChrysalisClubTynedale

 @ChrysalisClubTynedale

 @Chrysalis\_Tyne

### Website

 <https://www.chrysalis-tynedale.org.uk/>



## Our Jubilee Party!



On 6th April we held our Jubilee party. We were piped in by Lorraine, quizzed by Sheelagh, and entertained by The Note-lettes. The buffet was an amazing feast provided by members and volunteers (thanks for your contributions everyone!) We finished with a bit of dancing, led by Jeanette, and Minnie won the prize for the best dressed. A big thank you to all of our loyal volunteers, without whom these fun events would not happen!



## And finally...

### Pen Portrait

#### This month's Pen Portrait features David, our Treasurer and Vice-Chair

I have been treasurer at chrysalis for about 11 years now. Rosie asked if I would help out a few hours a month and it grew from there.

My involvement came through working with Rosie, Liz and Cassie at Dementia Care Partnership where I was the senior finance manager. I have had a varied career working in practice, corporate engineering, construction, social housing, social and health care.

In my spare time, which can be a little sparse at times, I like going to musicals and theatre shows, running, cycling, baking, and I am also the treasurer for a local cadet squadron.



As I type this I'm heading to London to take in a few shows and some good food. :)

See you next month for more news, features and another Pen Portrait!